**SUTHERLAND ZONE ATHLETICS CARNIVAL 2024**

**Date: Friday 28th June 2024**

**The Ridge Athletics Track**

**Program of Events**

**First Track Event: 8:40am**

Track Events Schedule

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1. | Girls | 14 Yrs 1500m | 33. | Girls | 14 Yrs 200m |
| 2. | Boys | 14 Yrs 1500m | 34. | Boys | 14 Yrs 200m |
| 3. | Girls | 15 Yrs 1500m | 35. | Girls | 15 Yrs 200m |
| 4. | Boys | 15 yrs 1500m | 36. | Boys | 15 Yrs 200m |
| 5. | Girls | 16 Yrs 1500m | 37. | Girls | 16 Yrs 200m |
| 6. | Boys | 16 Yrs 1500m | 38. | Boys | 16 Yrs 200m |
| 7. | Girls | 17+Yrs 1500m | 39. | Girls | 17+ Yrs 200m |
| 8. | Boys | 17+ yrs 1500m | 40. | Boys | 17+ Yrs 200m |
| 9. | Girls | 12 Yrs 100m  | 41. | Girls | 12 Yrs 800m |
| 10. | Boys | 12 Yrs 100m  | 42. | Boys | 12 Yrs 800m |
| 11. | Girls | 13 Yrs 100m  | 43. | Girls | 13 Yrs 800m |
| 12. | Boys | 13 Yrs 100m  | 44. | Boys | 13 Yrs 800m |
| 13. | Girls | 14 Yrs 100m  | 45. | Girls | 14 Yrs 800m |
| 14. | Boys | 14 Yrs 100m  | 46. | Boys | 14 Yrs 800m |
| 15. | Girls | 15 Yrs 100m  | 47. | Girls | 15 Yrs 800m |
| 16. | Boys | 15 Yrs 100m  | 48. | Boys | 15 Yrs 800m |
| 17. | Girls | 16 Yrs 100m  | 49. | Girls  | 16Yrs 800m |
| 18. | Boys | 16 Yrs 100m  | 50. | Boys  | 16 Yrs 800m |
| 19. | Girls | 17+ Yrs 100m  | 51. | Girls 17 +Yrs 800m |
| 20. | Boys | 17+ Yrs 100m  | 52. | Boys 17+Yrs 800m |
| 21. | Girls | 14 Yrs 400m | 53. | Girls 12 Yrs 4x100m Relay |
| 22. | Boys | 14 Yrs 400m | 54. | Boys 12 Yrs 4x100m Relay |
| 23. | Girls | 15 Yrs 400m | 55. | Girls 13 Yrs 4x100m Relay |
| 24. | Boys | 15 Yrs 400m | 56. | Boys 13 Yrs 4x100m Relay |
| 25 | Girls | 16Yrs 400m | 57 | Girls 14 Yrs 4X100m Relay |
| 26 | Boys | 16 Yrs 400m | 58 | Boys 14 Yrs 4X100m Relay |
| 27 | Girls | 17+ Yrs 400m | 59 | Girls 15 Yrs 4X100m Relay |
| 28  | Boys | 17+ Yrs 400m | 60 | Boys 15Yrs 4X100m Relay |
| 29. | Girls  | 12 Yrs 200m | 61 | Girls 16 Yrs 4X100m Relay |
| 30 | Boys  | 12 Yrs 200m | 62 | Boys 16 Yrs 4X100m Relay |
| 31 | Girls  | 13 Yrs 200m | 63 | Girls 17+Yrs 4X100m Relay |
| 32 | Boys  | 13 Yrs 200m | 64 | Boys 17+ Yrs 4X100m Relay |
|  |  |  |
|  |  |  |

**\*\* There will be NO Finals. Heat times will determine final places.\*\***

FIELD EVENT SCHEDULE

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Time(approx.) | Discus(two areas) | High Jump(two areas) | Long Jump(two areas) | Shotput(two areas)  | Javelin(one area)  | Triple Jump |
| 8:50am9:50am10:50am11:50am12:50pm1:50pm | 12B, 13G13B, 14G14B, 15G15B, 16G16B, 17+G17+B, 12G | 13B, 14G14B, 15G15B, 16G16B,17+G17+B, 12G12B, 13G | 14B, 15G15B, 16G16B, 17+G17+B, 12G12B, 13G13B, 14G | 15B, 16G16B, 17+G17+B, 12G12B, 13G13B, 14G14B, 15G | 16B, 17+G17+B, 13G13B, 14G14B, 15G15B, 16G | Open BoysOpen Girls |

**Submission Events**

All 1500m and 3000m walks and 3000m track competitors will not compete at this carnival. Competitors are required to submit their best times from a recognised athletics club meet held this year to the school’s Team Manager. 2000m steeple chase competitors will not compete at this carnival. They must submit best times from a recognised athletics club meet held this year, to your Team Manager today.

**Hurdles:**

Boys: 12yrs 80m; 13yrs 90m; 14 & 15yrs 100m; 16 & 17yrs 110m; 15yrs 200m; 17yrs + 400m

Girls: 12 & 13 yrs 80m; 14 & 15yrs 90m; 16 & 17yrs 100m; 15yrs 200m; 17yrs + 400m

Submit by the end of the day.