**SUTHERLAND ZONE ATHLETICS CARNIVAL 2024**

**Date: Friday 28th June 2024**

**The Ridge Athletics Track**

**Program of Events**

**First Track Event: 8:40am**

Track Events Schedule

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. | Girls | 14 Yrs 1500m | | | 33. | Girls | 14 Yrs 200m | |
| 2. | Boys | 14 Yrs 1500m | | | 34. | Boys | 14 Yrs 200m | |
| 3. | Girls | 15 Yrs 1500m | | | 35. | Girls | 15 Yrs 200m | |
| 4. | Boys | 15 yrs 1500m | | | 36. | Boys | 15 Yrs 200m | |
| 5. | Girls | 16 Yrs 1500m | | | 37. | Girls | 16 Yrs 200m | |
| 6. | Boys | 16 Yrs 1500m | | | 38. | Boys | 16 Yrs 200m | |
| 7. | Girls | 17+Yrs 1500m | | | 39. | Girls | 17+ Yrs 200m | |
| 8. | Boys | 17+ yrs 1500m | | | 40. | Boys | 17+ Yrs 200m | |
| 9. | Girls | 12 Yrs 100m | | | 41. | Girls | 12 Yrs 800m | |
| 10. | Boys | 12 Yrs 100m | | | 42. | Boys | 12 Yrs 800m | |
| 11. | Girls | 13 Yrs 100m | | | 43. | Girls | 13 Yrs 800m | |
| 12. | Boys | 13 Yrs 100m | | | 44. | Boys | 13 Yrs 800m | |
| 13. | Girls | 14 Yrs 100m | | | 45. | Girls | 14 Yrs 800m | |
| 14. | Boys | 14 Yrs 100m | | | 46. | Boys | 14 Yrs 800m | |
| 15. | Girls | 15 Yrs 100m | | | 47. | Girls | 15 Yrs 800m | |
| 16. | Boys | 15 Yrs 100m | | | 48. | Boys | 15 Yrs 800m | |
| 17. | Girls | 16 Yrs 100m | | | 49. | Girls | 16Yrs 800m | |
| 18. | Boys | 16 Yrs 100m | | | 50. | Boys | 16 Yrs 800m | |
| 19. | Girls | 17+ Yrs 100m | | | 51. | Girls 17 +Yrs 800m | | |
| 20. | Boys | 17+ Yrs 100m | | | 52. | Boys 17+Yrs 800m | | |
| 21. | Girls | 14 Yrs 400m | | | 53. | Girls 12 Yrs 4x100m Relay | | |
| 22. | Boys | 14 Yrs 400m | | | 54. | Boys 12 Yrs 4x100m Relay | | | |
| 23. | Girls | 15 Yrs 400m | | | 55. | Girls 13 Yrs 4x100m Relay | | | |
| 24. | Boys | 15 Yrs 400m | | | 56. | Boys 13 Yrs 4x100m Relay | | |
| 25 | Girls | 16Yrs 400m | | | 57 | Girls 14 Yrs 4X100m Relay | | |
| 26 | Boys | 16 Yrs 400m | | | 58 | Boys 14 Yrs 4X100m Relay | | |
| 27 | Girls | 17+ Yrs 400m | | | 59 | Girls 15 Yrs 4X100m Relay | |
| 28 | Boys | 17+ Yrs 400m | | | 60 | Boys 15Yrs 4X100m Relay | |
| 29. | Girls | 12 Yrs 200m | | | 61 | Girls 16 Yrs 4X100m Relay | |
| 30 | Boys | 12 Yrs 200m | | | 62 | Boys 16 Yrs 4X100m Relay | |
| 31 | Girls | 13 Yrs 200m | | | 63 | Girls 17+Yrs 4X100m Relay | |
| 32 | Boys | 13 Yrs 200m | | | 64 | Boys 17+ Yrs 4X100m Relay | |
|  |  | |  |
|  |  | |  |

**\*\* There will be NO Finals. Heat times will determine final places.\*\***

FIELD EVENT SCHEDULE

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Time  (approx.) | Discus  (two areas) | High Jump  (two areas) | Long Jump  (two areas) | Shotput  (two areas) | Javelin  (one area) | Triple Jump |
| 8:50am  9:50am  10:50am  11:50am  12:50pm  1:50pm | 12B, 13G  13B, 14G  14B, 15G  15B, 16G  16B, 17+G  17+B, 12G | 13B, 14G  14B, 15G  15B, 16G  16B,17+G  17+B, 12G  12B, 13G | 14B, 15G  15B, 16G  16B, 17+G  17+B, 12G  12B, 13G  13B, 14G | 15B, 16G  16B, 17+G  17+B, 12G  12B, 13G  13B, 14G  14B, 15G | 16B, 17+G  17+B, 13G  13B, 14G  14B, 15G  15B, 16G | Open Boys  Open Girls |

**Submission Events**

All 1500m and 3000m walks and 3000m track competitors will not compete at this carnival. Competitors are required to submit their best times from a recognised athletics club meet held this year to the school’s Team Manager. 2000m steeple chase competitors will not compete at this carnival. They must submit best times from a recognised athletics club meet held this year, to your Team Manager today.

**Hurdles:**

Boys: 12yrs 80m; 13yrs 90m; 14 & 15yrs 100m; 16 & 17yrs 110m; 15yrs 200m; 17yrs + 400m

Girls: 12 & 13 yrs 80m; 14 & 15yrs 90m; 16 & 17yrs 100m; 15yrs 200m; 17yrs + 400m

Submit by the end of the day.